



Your invite to participate in.....

BRIDGES COMMUNITY SUPPORT & SOCIAL GROUP

Monday 11:00am & 1:00pm / Thursday 11:00am & 1:00pm

Offering participation by telephone or video through Zoom App.

- ***Are you feeling anxious about the current pandemic?***
 - ***Is the social isolation causing strong emotions?***
 - ***Are you looking to connect with others socially?***
- ***Do you need resource information or have resources to share with others?***

To Join the Video Chat:

Log on to or download Zoom App: <https://zoom.us/> (Sign Up For Free Profile)

To Join Meeting:

Monday/Thursday – Meeting Time: 11:00am – Click: <https://us04web.zoom.us/j/7249848619>

Monday/Thursday – Meeting Time: 1:00pm - click: <https://us04web.zoom.us/j/7249848619>

To Participate by Phone only for any meeting time, please dial: 724-984-8619

Any issues with participation: Please call or text Matthew Castelluccio @ 845-234-5781