

“You saved
my life.”

— *Arbe G.*

annual report 2018



hvcs

HUDSON VALLEY COMMUNITY SERVICES

**HE LIVED IN AN ABANDONED BUILDING.
HE TRUSTED NO ONE.
HE WAS ASHAMED TO ASK FOR HELP.
HE FELT LIKE PEOPLE WERE JUDGING HIM.
JUDGING HIM FOR BEING HOMELESS.
FOR USING DRUGS.
FOR NOT HAVING A JOB.
FOR BEING HUNGRY.**

THEN HE CAME TO HUDSON VALLEY COMMUNITY SERVICES.

Abe* first talked to our Project Reach Out team, who referred him to our Health Hub in Sullivan County. Our staff explained that we offer non-judgmental services. By the end of that first appointment, Abe caught on that we are serious about not judging our clients...and we wanted to help him.

Abe is a proud man, despite his situation. He didn't want to accept items from our food pantry. He didn't want to sign up for SNAP or other government benefits. But he accepted help at last—including a prescription to help treat his dependence on opioids.

Three months later, Abe has maintained his sobriety. He has a job. He's renting a room. He says his mission now is to tell others about Hudson Valley Community Services and how we can help.

**Not his real name.*

A NOTE FROM BOARD PRESIDENT, ANDREW S. EVANS, JR.



Thank you for delving into our Annual Report, a snapshot of Hudson Valley Community Services' activities in 2018 and a bit about our plans for 2019. This may be the only report on HVCS with data and financial information at which you look, but as the President of the Board of Directors, I'm looking at similar reports all the time. Towards the end of last year, I asked the staff to make sure to include at least one client story in the reports they share with the Board. These are the stories behind the numbers, and while measuring the organization's impact through data is important, we cannot lose sight of the people behind the figures.

These stories—which we don't call "success" stories, because success is in the eye of the beholder—show the real impact that

HVCS has on the Hudson Valley. Not only do I learn how we assist clients to be healthier and happier, but I see how much passion and commitment HVCS' staff bring to their jobs every day.

Another group of people who inspire me? Our donors and volunteers...people like you. With your help, we're doing even more for people living with chronic illnesses throughout the Hudson Valley. We've added five new programs for 2019 and with your continued support, we'll be able to do even more amazing things in the near future. Enjoy our 2018 annual report and please contact me or our staff if you have any questions.

A handwritten signature in black ink that reads "Andrew S. Evans, Jr." The signature is fluid and cursive.

ZACH'S STORY

When Zach started our Emily's Pantry nutrition program, he was not taking HIV medication, he had low energy because he was anemic, and he had such bad oral health that he could barely eat solid foods. Zach attended every nutritional workshop in the program and connected with a Case Manager. He's now on antiretroviral meds and his viral load is undetectable, and he gained two pounds—a major accomplishment for a guy who could barely eat.

Now that our Emily's Pantry Community Nutrition Coordinator has taught him how to eat more balanced meals, Zach reports feeling more energetic too. Next, staff will be working with Zach to connect him with a dentist to take care of his teeth...but now Zach feels empowered to take the next steps in his own healthcare.



Emily's Pantry

a program of Hudson Valley Community Services

We renamed our THRIVES North Nutrition Program as "Emily's Pantry" in memory of Emily Henry, a beloved employee who passed away in 2018. Emily was a Community Nutrition Coordinator based in our Monticello office.



FROM OUR EXECUTIVE DIRECTOR, ANDREA STRAUS

2018 was a year of significant growth for us: I can't think of any other time when we added so many programs. In the Lower Hudson, we received funding from Ryan White Part A to offer rental and utility support to people with HIV; a Psychosocial Services program which offers support groups and individual counseling to people with HIV; and an Emergency Financial Services program to help clients with emergencies avoid homelessness and instability. In the Mid-Hudson, the NYSDOH AIDS Institute provided funding to develop a Drug Users Health Hub in Sullivan and Orange Counties. We now provide low-threshold Buprenorphine to opioid users.

Our Nutrition Outreach and Education (facilitating enrollment in SNAP) expanded to Dutchess County (in addition to Ulster, Orange and Sullivan) and we added a WIC program serving Dutchess and Ulster. Finally, we have expanded our STI testing to all seven counties to deal with the increase in STIs seen throughout NY State. We continue to enhance our service capacity to meet the growing and changing needs of our clients.

Our incredible staff are doing amazing work every day to guide clients on their wellness journeys and they are lifted up by contributions from donors, volunteers and community champions like you—thank you for all you do to ensure the fulfillment of HVCS's mission.

STATEMENT OF ACTIVITIES

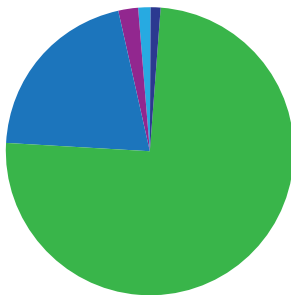
November 1, 2017 - October 31, 2018

SUPPORT & REVENUE

Contributions & In-Kind Donations	\$ 122,601
Government Grants	6,803,024
Health Homes	1,869,713
Miscellaneous Revenue	222,762
Interest Income	106,635

TOTAL

9,124,759

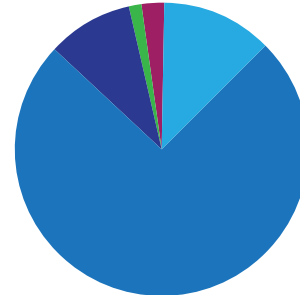


EXPENSES

Education & Prevention	\$ 1,104,762
Client & Support Services	6,715,604
Management & Administration	854,440
Marketing & Communications	129,473
Fundraising & Development	205,540

TOTAL

9,009,819

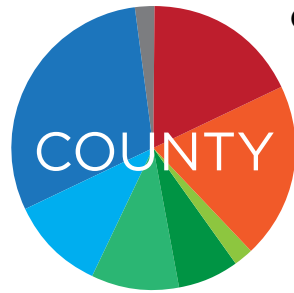


HVCS' mission is to promote prevention and wellness for all people, to encourage life-affirming decisions maximizing their quality of life, and to coordinate care for those living with complex health conditions.

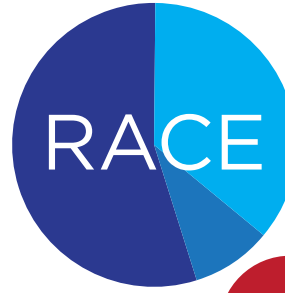
CLIENT STATISTICS

January 1, 2018 - December 31, 2018

Total Clients Served: 3,178



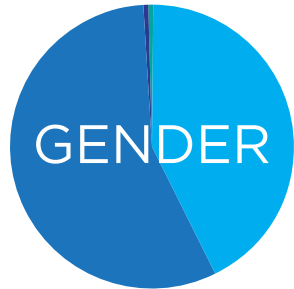
County of Residence
 Dutchess: 18%
 Orange: 20%
 Putnam: 2%
 Rockland: 7%
 Sullivan: 10%
 Ulster: 11%
 Westchester: 30%
 Other: 2%



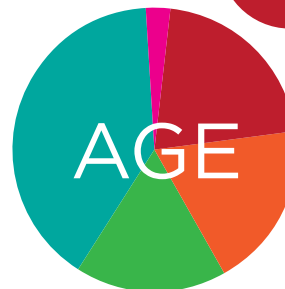
Race
 Black: 36%
 Asian, Native or
 Mixed Race: 9%
 White: 55%



Ethnicity
 Hispanic: 25%
 Non-Hispanic: 50%



Gender
 Female: 42.5%
 Male: 56.5%
 Transgender Female: 0.5%
 Transgender Male: 0.2%
 Non-binary/non-conforming or
 chose not to answer: 0.3%



Age
 13-19: 3%
 20-29: 21%
 30-39: 19%
 40-49: 17%
 50+: 40%

Transportation Clients:



Medical Benefits Assistance Clients:



Housing & Utility Support Clients:



SNAP & WIC Assistance Clients:



Food & Nutrition Clients:



Food Pantry Bags Provided:



**Chronic Disease
Care Coordination Clients:**



HIV Case Management Clients:



HIV/STI/Hepatitis C Prevention Clients:



Syringe Exchange Clients:



HIV Testing Clients:



STI & Hep C Rapid Tests Provided:



Substance Use Outreach & Referral:



Prison Services Clients:



EDITH'S STORY

Edith spent her days at a shelter and her nights on the streets. Her former husband had used injection drugs and was at high risk for HIV, but Edith had never been tested. She always wondered, did she have HIV? One day at the shelter, she met HVCS' Women's Services Program (WSP) Prevention Specialist, who talked about the impact that past trauma can have on a woman's health. Since she had worked in human services before becoming homeless, that message really resonated for Edith.

Edith joined the program and quickly became a volunteer co-presenter. She started telling other women at the shelter about HVCS, and attendance at the trauma-focused Seeking Safety group ballooned. Edith was new to trauma work but soon fell in love with the group and described her healing process as "fully underway."

As she worked with WSP, Edith began seeing a therapist weekly, she applied for permanent housing in her neighborhood, and temporarily moved in with a family member. She finally got tested for HIV—and learned that she was negative. All that worry washed away, especially now that she knew more about preventing HIV thanks to WSP.



A social media ad for our Women's Services Program.

MAJOR FUNDERS

Centers For Disease Control
& Prevention

Hunger Solutions of New York

New York City Department of Health
& Mental Hygiene

New York State Department of Health

FOUNDATION & CORPORATE SUPPORT

The Angell Foundation
Broadway Cares/Equity Fights AIDS

The Dyson Foundation
Gilead Pharmaceuticals

The Junior League of Bronxville
The Miles Hodsdon Vernon Foundation
Nordstrom

The Ralph E. Ogden Foundation
The TD Bank Foundation
Westchester One-Stop Employment Center

*Special thanks to
Dancers Responding to AIDS*

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*Community Committee Member:
Zelesher Cay*

Andrea Straus, Executive Director



Volunteers from WestMed packed toiletry kits in our Hawthorne office in December.

DONORS & CONTRIBUTORS IN 2018

IN-KIND:

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 Emergency Food & Shelter Program
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 Marsha Jones
 Emmy Josephs
 Ryan Judge
 David Juhren
 Michael Jurewicz
 Naomi Kabalkin
 Darcy Kelly
 Brian Kelly
 David E. Klotz
 Eugene Knapp

NEW PROGRAMS FOR 2019

COGNITIVE BEHAVIORAL INTERVENTION

Two facilitators guide Westchester County Jail inmates through a four-week interactive journaling curriculum aimed at reducing recidivism and enhance their decision-making skills.

EMERGENCY FINANCIAL SERVICES

EFS offers one-time emergency assistance and short-term assistance with utilities, housing, food and other emergency needs to HIV+ clients in Putnam, Rockland and Westchester. Our EFS Coordinator works with clients to ensure they connect to all available resources.

HARM REDUCTION SERVICES

An additional service available via our Syringe Exchange Program and Health Hub, HRS provides support, counseling and help with medications and treatment for people who use drugs in the Mid-Hudson region.

HEPATITIS C PATIENT NAVIGATION

Our HCV Navigator assists people at risk for Hepatitis C in Dutchess, Orange and Sullivan counties and links them to new treatment methods, resulting in a cure for their HCV infection.

PSYCHOSOCIAL SUPPORT SERVICES

This program offers a range of services to help HIV+ clients in Putnam, Rockland and Westchester cope with stress and stigma. Four support groups, including an art therapy women's group funded by the Elizabeth Taylor AIDS Foundation, help clients feel less isolated.

DONORS & CONTRIBUTORS IN 2018 *continued*

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\$100 TO \$249:

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The Amazon Smile Foundation
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Frank Bellacicco
Justina Biele
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Hope Brown
Teresa Burke
Karen Catalano
City Drug
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Christopher Wyble
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\$250 TO \$499:

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Amy Ansehl
Zelesther Cay
Central Hudson
Combined Properties of
Sullivan County
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Dragon's Den
Christina Gardella
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Alan Shapiro
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\$500 TO \$999:

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Atlantic, Tomorrow's Office
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Health Quest Systems, Inc.
Junior League of Bronxville
Network Synergy Corp.
RBT CPAs, LLC
Robert Rufino
Ruge's Subaru
Charlotte O. Scholl
United Way of the Dutchess-
Orange Region
Irma Vialet & Family Members
In Memory of Marilyn Rivera

\$1,000 TO \$2499:

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Hudson Valley Federal
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IBM Employee Services
The Interfaith Coalition
Marsh & McLennan Agency LLC
The Miles Hodsdon Vernon
Foundation, Inc.
Stop & Shop
Andrea C. Straus
William Thompson
TD Charitable Foundation

\$2,500 TO \$24,999:

**Broadway Cares/Equity
Fights AIDS
Gilead Sciences
Nordstrom, Inc.**

\$25,000 TO \$49,000:

**The Ralph E. Ogden
Foundation**

\$50,000+:

The Dyson Foundation